

# NON-SURGICAL ORTHOPEDICS



## and SPORTS MEDICINE

Rejuv Medical is reversing the hands of time and restoring the life and vitality to its patients, while avoiding the traditional, “Cover-it-up” philosophy. Never before has there been a clinic so focused on rebuilding the healthcare model, and restoring it’s patient’s health by working to rejuvenate the body’s natural ability to heal itself.



[www.RejuvMedical.com](http://www.RejuvMedical.com)

REBUILD. RESTORE. REJUV.

# NON-SURGICAL PAIN SOLUTIONS

Approximately 90% of injuries are non-surgical and can be effectively treated at Rejuv Medical.

## CONDITIONS TREATED INCLUDE:

Chronic Pain	Fractures
Neuropathic Pain	Headaches
Neck and Low Back Pain	Tendinitis or Tendinosis
Joint Pain and Arthritis Issues	Work Comp Injuries
Sports Injuries	Auto Injuries
Acute Injuries	Foot Pain

### Regenerative Orthopedics

- **Prolotherapy** - Prolotherapy or ligament reconstructive therapy is a safe non-surgical treatment for chronic pain, injury and arthritis.
- **Platelet Rich Plasma** - Platelet Rich Plasma (PRP) injections are used for the repair of chronic degenerative joints, ligaments and tendon injuries. It uses concentrated cells from the patients own blood to simulate repair.
- **Stem Cell Treatments** - Our bodies have the ability to regenerate arthritic joints, repair tendons and meniscal tears without surgery. We harvest the patient's own stem cells and reinject them the same day. This is the most powerful option for tissue repair.

### Non-Surgical Orthopedics and Sports Medicine

- **Nerve Blocks and Epidurals** - People who suffer from either acute or chronic pain might have a nerve block injection to "turn off" a pain signal, to achieve pain relief and improve function.
- **Trigger Point Injections** - The basis for a trigger point injection is to relax the area of intense muscle spasm.
- **Lubricating Joint Injections** - These injections decrease pain without steroids. They increase natural hydration and improve joint function.
- **Botox® for Migraine Headaches** - Botox® can reduce severity of migrain attacks and lead to fewer days using rescue medications.
- **Physical Therapy** - This department can help treat arthritis, sports injuries, musculoskeletal pain and dysfunction including video analysis and custom orthotics.
- **Concussion Care** - A trained specialist can evaluate the injury and guide safe return to play.
- **Sports Nutrition and Performance**
- **Sprains, Strains and Fracture Care**

**Musculoskeletal Ultrasound** A powerful tool in the diagnosis of injury and pain in soft tissue and joints. Performed at Rejuv Medical for increased accuracy to guide injections.

**Exercise Physiology** We can perform test parameters to measure degrees of fitness with exercise prescriptions that tailor to their individual health concerns or fitness goals.

**Performance Issues** Evaluation and treatment of fatigue and endocrine function to heal and restore the body to achieve peak performance.

**Urgent Orthopedics** Urgent evaluation of orthopedic concerns to establish an accurate diagnosis and implement urgent orthopedic care.

**CALL TO SCHEDULE AN APPOINTMENT  
320-217-8480**