

MEDICAL WEIGHT LOSS



YOUR PERSONAL JOURNEY TO A HEALTHIER, LEANER YOU!

Our medically supervised weight loss program will transform you into the passionate zest-filled person you desire to be.

Our physician, personal trainers, and staff are motivated to teach you lifelong skills in exercise and proper nutrition to help you meet your personal fitness and weight loss goals.



www.RejuvMedical.com

REBUILD. RESTORE. REJUV.

LOSING EXCESS WEIGHT LEADS TO A BETTER LIFE

Weight loss can not only improve your quality of life, but can also prevent or lower your risk of developing life-threatening diseases. The lifestyle changes we incorporate through exercise and nutrition will help you take it off and keep it off. Health problems associated with obesity include:

- Stroke and Heart Attack
- Cancer
- Arthritis
- Back & Joint Pain
- Hormonal Imbalance
- High Blood Pressure and Cholesterol
- Diabetes
- Sleep Problems
- Depression & Low Self-Esteem
- Increase Libido



What does our program have to offer?

- One-on-One Attention with our Personal Trainers
- Functional Movement Screening
- Access to Rejuv University
- Motivation and Accountability
- A Personal Session with our Registered Dietitian
- Grocery Store Tours and Meal Plans
- Healthy Cooking Classes
- Breaking Barriers Support Group
- Free Studio Classes and Gym Access
- Free Access to Infrared Saunas
- Infrared Hot Yoga

Also available:

- Metabolic Testing
- Natural Hormone Balancing
- Food Sensitivity Testing
- Medical Exercise Parameters used for Chronic Health Conditions
- Medical Physician Screening and Monitoring when needed

"I am off my diabetic medications. I am biking again and walking more... even with 17 artificial joints! There are parts of my old body that are moving that haven't moved in years!"

SUSAN - AGE 55

Our Approach to Weight Loss & Medical Fitness

BioSCORES®: By implementing the BioSCORE® and a well-documented history, you will be able to see first-hand internal and external results! We can graph these results and predict future outcomes.

Rejuv University teaches you the basics to the advanced education needed to change your life for good. Knowledge is power.

Breaking Barriers is a small group setting for anyone struggling with their goals to restore health.

Metabolic Testing - This exciting technology measures resting metabolic rate. Allowing us to pinpoint your ideal calorie intake.

Lifetime Health & Fitness Guide - The Rejuv4Life guide is designed to give you the knowledge to help keep you fit and healthy for the rest of your life.

WEIGHT LOSS RESULTS GUARANTEED!
All fitness programs come with a
30-day unconditional money-back guarantee!