



Minor Children Gym Policy

Effective 5/1/16

It is the responsibility of all Rejuv Employees to ensure the safety of children present in the gym area, as well as educate our clients of our policies.

Children Ages 11 & Under

- Prohibited from the gym area. Children ages 11 & under cannot use the facility for working out, and are not permitted to stand on, move, or play with any equipment. Not allowed in locker rooms, bathrooms, scale room or any location other than Child Care.

Children Ages 12 - 14

- Allowed gym use with parental supervision at all times. Minor must have signed consent by parent located in parent's documents.

Children Ages 15 & Over

- May use the gym without parental supervision provided there is a signed consent form located in the parent's documents.

EXCEPTIONS:

- Hard Core Program – Under the supervision of MFS
- Family Boot Camp – Under the supervision of MFS